

Medication Deferral List

DO NOT STOP taking medications prescribed by your doctor in order to donate blood.

Donating while taking these drugs could have a negative effect on your health or on the health of the recipient of your blood.

PLEASE TELL US IF YOU:

Are being treated with any of the following types of medications:	or have taken:		which is also called:	anytime in the last:	
Antiplatelet agents (usually taken to prevent stroke or heart attack)	Feldene		piroxicam	2 Days	PLT
	Effient		prasugrel	3 Days	PLT
	Brilinta		ticagrelor	7 Days	PLT
	Plavix		clopidogrel	14 Days	PLT
	Ticlid		ticlopidine		
	Zontivity		vorapaxar	1 Month	PLT
Anticoagulants or “blood thinners” (usually taken to prevent blood clots in the legs and lungs and to prevent strokes)	Arixtra		fondaparinux	2 Days	
	Eliquis		apixaban		
	Fragmin		dalteparin		
	Lovenox		enoxaparin		
	Pradaxa		dabigatran		
	Savaysa		edoxaban		
	Xarelto		rivaroxaban		
	Coumadin, Warfilone, Jantoven		warfarin	7 Days	
	Heparin, low-molecular-weight heparin				
Acne treatment	Absorica Accutane Amnesteem Claravis	Myorisan Sotret Zenatane	Isotretinoin	1 Month	
Multiple myeloma	Thalomid Revlimid		thalidomide lenalidomide		
Rheumatoid arthritis	Rinvoq		upadacitinib		
Hair loss remedy	Propecia		finasteride		
Prostate symptoms	Proscar		finasteride		
	Avodart	Jalyn	dutasteride	6 Months	
Immunosuppressant	Cellcept		mycophenolate mofetil	6 Weeks	
Hepatitis exposure	Hepatitis B Immune Globulin		HBIG	3 Months	
HIV Prevention (also known as PrEP and PEP)	Any medication taken by mouth (oral) to prevent HIV	Truvada	emtricitabine and tenofovir disoproxil fumarate	3 Months	
		Descovy	emtricitabine and tenofovir alafenamide		
		Injectable HIV prevention	Apretude Yeztugo	cabotegravir lenacapavir	2 Years
Basal cell skin cancer	Erivedge	Odomzo	vismodegib sonidegib	2 Years	
Relapsing multiple sclerosis	Aubagio		teriflunomide		
Rheumatoid arthritis	Arava		leflunomide		
Experimental Medication or Unlicensed (Experimental) Vaccine				12 Months	
Psoriasis	Soriatane		acitretin	3 Years	
	Tegison		Etretinate	Ever	
HIV treatment	Any medication to treat HIV. May also be called antiretroviral therapy (ART).			Ever	
Insulin				Currently	
Anti-seizure or epilepsy – medications such as those shown; deferral may be needed for seizures, not the medication itself	Tegretol		carbamazepine phenytoin	Deferral may be up to 1 Year	
	Dilantin				
	Aptiom				
Steroidal anti-inflammatories	Steroids		cortisone prednisone	4 days (by mouth or injection)	
Blood clot or stroke prevention	Pletal		cilostazol	5 days	PLT
Injection for autoimmune disease	Enbrel injection with Methotrexate			7 days	