

Travel Restrictions

vCJD Risk Areas

Mad Cow Disease is a fatal brain disease found in cattle in certain parts of the world. In these same locations, a new disease called variant Creutzfeld-Jacob Disease (vCJD), also a fatal brain disease, has been found in humans. Scientists now believe vCJD is a form of Mad Cow Disease that has somehow transferred to humans, possibly through the food chain.

There is some indication vCJD can be transmitted through transfusion. Because there is currently no test for vCJD in humans, blood centers must take special precautions to protect the blood supply by avoiding collecting blood from those who have been to areas where this disease has been found.

If you have questions, about your eligibility, please refer to the chart below:

United Kingdom	Channel Islands, England, Falkland Islands, Gibraltar, Isle of Man, Northern Ireland, Scotland and Wales	Traveled to or lived in for a total time of 3 months or more between 1980-1996. YOU CANNOT DONATE
Europe	Albania, Andorra, Austria, Belgium, Bosnia-Herzegovina, Bulgaria, Croatia, Czech Republic, Denmark, Finland, France, Germany, Greece, Hungary, Republic of Ireland, Italy, Liechtenstein, Luxembourg, Macedonia, Monaco, Netherlands, Norway, Poland, Portugal, Romania, San Marino, Slovak Republic, Slovenia, Spain, Sweden, Switzerland, United Kingdom, and Federal Republic of Yugoslavia (Serbia, Kosovo, Montenegro)	Traveled to or lived in for a total of 5 years or more since 1980-present. YOU CANNOT DONATE
U.S. Military Bases	Belgium, Germany and Netherlands	Resided at these or any other vCJD risk U.S. Military Bases for a total of 6 months or more between 1980-1990. YOU CANNOT DONATE
U.S. Military Bases	Greece, Italy, Portugal, Spain & Turkey	Resided at these or any other vCJD risk U.S. Military bases for a total of 6 months or more from 1980-1996. YOU CANNOT DONATE